

Tamworth West Public Canteen Menu



Orders in by 10am

(Updated June 2023)

Wraps and Bowls

All Salad bowls, sandwiches and wraps are served with lettuce, tomato, carrot, cucumber, cheese, mayo and choice of ham or chicken. Also available with no meat. **\$5.00**

Drinks

Water 600ml	\$2.00
Flavoured Milk 300ml	\$2.80
Juice bomb	\$2.90
Glee	\$2.90
Popper	\$2.50
Up 'n' go	\$2.60

Hot Food

Lasagne	\$4.60
Cheeseburger Pasta	\$4.50
Macaroni and Cheese	\$4.50
Fried Rice	\$4.60
Nacho Dippers	\$5.50
Meatball Pasta Bake	\$4.50
Spaghetti Bolognaise	\$4.50
Pulled Pork Penne	\$4.50
Corn Cobb	\$1.00
Sauce	\$0.50

Hot Food

Sausage Roll	\$4.00
Beef Pie	\$4.30
Chicken Noodles	\$2.90
Garlic Bread	\$2.00
Tender Wrap	\$5.50
Pizza Single	\$3.30
3 Nuggets	\$2.10
4 Nuggets	\$2.80
6 Nuggets	\$4.20

Sandwiches

Vegemite	\$2.00
Jam	\$2.00
Cheese	\$2.00
Chocolate Spread	\$2.00
Vegemite/Cheese	\$2.50
Devon Sandwich	\$2.00
Ham Sandwich	\$3.00
Chicken and mayo	\$4.00
Lettuce, cheese, mayo	\$3.50

Fruit

Apple	\$1.00
Mandarin	\$1.00
Watermelon slices	\$1.00

Snacks

Fruit Cup in juice	\$1.00
Cheese Stick	\$1.00
Sour Raisins	\$1.00
Jatz and Cheese	\$1.00
Chocolate Custard	\$1.20
Pikelets (2)	\$1.00

Snacks

Grain waves	\$1.20
Sea Salt Chips	\$1.50
Popcorn	\$1.00

Icy Poles

All icy poles served at the window only. Monday-Thursday lunch only