



Tamworth West
Public School Canteen
Term 1—Summer Menu 2019



Breakfast club: Tuesday & Thursday Mornings

Sandwiches

(toasted on request)

| | |
|-----------------------------|--------|
| Vegemite, Jam or Honey..... | \$1.50 |
| Cheese..... | \$2.00 |
| Egg/Curried egg..... | \$2.50 |
| Ham or Tuna..... | \$3.00 |
| Roast Chicken..... | \$3.50 |
| Salad | \$4.50 |
| Salad with Ham or Egg..... | \$5.30 |
| Salad with Chicken..... | \$5.50 |

(Add 50c per extra/added item)

Rolls and Wraps

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|----------------------------------|--------|
| Cheese..... | \$3.00 |
| Ham/egg/tuna..... | \$3.70 |
| Roast chicken..... | \$4.50 |
| Ham/chicken/salad Roll Wrap..... | \$5.50 |

Salad Bowls

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|---------------------------------|--------|
| Salad Bowl..... | \$4.50 |
| Salad with Ham/Egg/Chicken..... | \$6.00 |

(Pineapple, Beetroot 50c each)

Frozen Favourites

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|---------------------------------|--------|
| Frozen Fruit Sticks..... | \$.60c |
| Moosie..... | \$1.30 |
| Scooby Doo..... | \$1.80 |
| Bulla Light Ice-cream cups..... | \$2.00 |

Snacks

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|-------------------------------------|--------|
| Red Rock Chips Honey Soy/Sea Salt.. | \$1.50 |
| Grain Waves..... | \$1.50 |
| Fruca Strawberry/Orange/B/berry.... | \$0.20 |

Limit of 5 per child

Milk & Juice drinks, along with fruit may be purchased before 9.20am.

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|------------------|--------|
| Toast..... | \$0.40 |
| Sultanas..... | \$0.80 |
| Fresh Fruit..... | \$1.00 |
| Hot Milo..... | \$1.20 |

Hot Foods

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|--|--------|
| Hot Corn Cob..... | \$0.80 |
| Noodles beef or Chicken..... | \$2.50 |
| Pizza Single (Ham/Pineapple, cheese/bacon)..... | \$2.50 |
| Junior Snack Pie (85gms)..... | \$2.60 |
| Village lifestyle beef Mince Pie (160gm)..... | \$4.00 |
| 3 Nuggets | \$1.80 |
| 4 Nuggets..... | \$2.40 |
| 6 Nuggets..... | \$3.50 |
| Village Lifestyle Sausage Roll..... (120gm)..... | \$3.50 |
| Cheeseburger..... | \$4.00 |
| Crumbed Chicken Burger with salad..... | \$5.00 |
| Hamburger-Meat pattie and salad..... | \$5.50 |
| Chicken Tender Wrap-2 Tenders with salad..... | \$5.50 |

(Barbecue or Tomato Sauce 40c each)

Drinks

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|--|--------|
| Water 600ml..... | \$2.00 |
| Orchy Juice - Orange/Passio/apple..... | \$2.30 |
| Milky Max chocolate/Strawberry..... | \$2.20 |
| 300ml Milk choc, Strawb, Vanilla malt..... | \$2.40 |
| Hot Milo..... | \$1.20 |
| Juice Bomb O/pass, Rasp, Blk Current..... | \$2.50 |