



Tamworth West Public School

CANTEEN

Term 4 - Summer Menu 2018

Breakfast Menu: Monday , Wednesday & Friday mornings from 9.00am - 9.20am

For Breakfast items please line up at the "Breakky Window"

Milk & Juice drinks, along with fruit may also be purchased before 9.20am

Toast (Vegemite / Honey)	.40c
Sultanas	.80c
Fresh Seasonal Fruit	\$1.00
Hot Milo	\$1.20

Sandwiches *(Toasted on request)*

Vegemite , Jam or Honey	\$1.50
Cheese	\$2.00
Egg or Curried Egg	\$2.50
Ham or Tuna	\$3.00
Roast Chicken	\$3.50
Salad Sandwich	\$4.50
Salad with Ham or Egg	\$5.30
Salad with Roast Chicken	\$5.50



(Add .50c per extra/added item)

Rolls & Wraps

Cheese	\$3.00
Ham/Egg or Tuna	\$3.70
Roast Chicken	\$4.50
Ham/Chicken Salad Roll/Wrap	\$5.50

Salad Bowls

Small Salad Bowl	GF \$ 4.50
Honey Soy Chicken Noodle	\$5.00
Salad Bowl	\$5.50
Salad with Ham/Egg or Tuna	\$6.00
Salad with Chicken	\$6.50

Frozen Favourites

Frozen Fruit Sticks	.60c
Moosie	\$1.30
Scooby Doo Ice Creams	\$1.80
Bulla Light Ice Cream Cups	\$2.00
Bulla Frozen Yoghurt Varieties	\$2.70



Hot Foods

Hot Corn Cob	.80c
Noodles Beef or Chicken	\$2.20
McCain Pizza Singles (Ham & Pineapple, Cheese & Bacon)	\$2.50
Jnr Snack Pie 85 gm	\$2.60
Village Lifestyle Beef Mince Pie 160gm	\$4.00
3 Chicken Nuggets	\$1.75
4 Chicken Nuggets	\$2.35
6 Chicken Nuggets	\$3.50
Village Lifestyle Sausage Roll 120gm	\$3.50
Cheeseburger	\$4.00
Crunchy Crumbed Chicken Burger <i>(lettuce,cheese tomato)</i>	\$5.00
Hamburger - (meat pattie with full salad)	\$5.50
Chicken Tender Wrap - 2 tenders, lettuce, cheese, tomato mayo & you may have chilli sauce	\$5.50



(BBQ or Tomato sauce .40c ea)

Drinks

Water 300ml	\$1.50
Water 600ml	\$2.00
Orchy Juice varieties - Orange/Passio or Apple	\$2.30
Harvey Fresh Juice Poppers - Trop, Orange, App/blckrt	\$2.50
Milky Max Chocolate or Strawberry Pop top	\$2.20
Milk Chocolate, Strawberry or Vanilla Malt 300ml	\$2.40
Hot Milo	\$1.20
Juice Bomb- O/pass, Raspbry, Blck/Currant	\$2.50
Oak Banana Milk - Ctn	\$2.50



Orders consist of your lunch item & drink, these can only be ordered for lunch. Orders in by 9.30am

Please clearly mark the bag with your full name & class, your order & money.

Mrs Kim Kelly - Canteen Supervisor 6765 8777

Canteen Lunch Specials

Please check the chalkboard, newsletter or the parents facebook page for our specials

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